Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: KLSVZ

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Fekkers Roos HEADCOACH

Coaches: Winderix Wannes

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:15, starttime: 09:30

Heat: 15/19 Lane : 8 Athlete: FERNANDEZ PEDRERA TARIK LAILA **Q-time: 01:29:12**

PB (25m pool): 01:29.12 Tienen 26/10/2025 **PB (50m pool):** 01:33.98 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:42.71		01:29.12	
		00:42.71		*00:46.41*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:16, starttime: 09:30

Heat: 16/19 Lane : 8 Athlete: ADAM MAELINE **Q-time: 01:27:85**

PB (25m pool): 01:27.85 Vilvoorde 26/04/2026 **PB (50m pool):** 01:28.84 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:40.68		01:27.85	
		00:40.68		*00:47.17*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:19, starttime: 09:40

Heat: 19/19 Lane : 2 Athlete: AMADOU CAMILLE **Q-time: 01:20:97**

PB (25m pool): 01:20.97 Aarschot 27/07/2026 **PB (50m pool):** 01:22.34 **SB:** 01:21.63 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.80		01:20.97	
		00:37.80		*00:43.17*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: KLSVZ

Event number: 14: 100M MEDLEY MEN 13+ — Heat:2, starttime: 09:45

Heat: 2/14 Lane : 4 Athlete: LAENEN CID — **Q-time: 01:30:16**

PB (25m pool): 01:30.16 Kapelle-op-den-Bos 19/04/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:30.16	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ — Heat:5, starttime: 09:50

Heat: 5/14 Lane : 2 Athlete: DECLERQ ARTHUR — **Q-time: 01:21:51**

PB (25m pool): 01:21.51 Kapelle-op-den-Bos 19/04/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:21.51	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ — Heat:10, starttime: 10:00

Heat: 10/14 Lane : 5 Athlete: FLORES SéBASTIEN — **Q-time: 01:13:41**

PB (25m pool): 01:13.41 Hannuit 29/11/2025 **PB (50m pool):** no time **SB:** 01:13.77 Tervuren 10/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:13.41	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ — Heat:11, starttime: 10:00

Heat: 11/14 Lane : 3 Athlete: VAN GORP LUCAS — **Q-time: 01:12:15**

PB (25m pool): 01:12.15 Leuven 04/10/2026 **PB (50m pool):** no time **SB:** 01:12.15 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.94		01:12.15	
	00:33.94		*00:38.21*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: KLSVZ

Event number: 14: 100M MEDLEY MEN 13+ — Heat:14, starttime: 10:05

Heat: 14/14 Lane : 3 Athlete: CAMBRON WARD — **Q-time: 01:05:96**

PB (25m pool): 01:05.96 Hannuit 28/03/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:05.96	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:13, starttime: 10:35

Heat: 13/20 Lane : 5 Athlete: ROOSEN TESS — **Q-time: 00:35:67**

PB (25m pool): 00:35.67 Hannuit 28/03/2026 **PB (50m pool):** 00:36.94 **SB:** 00:37.55 Tervuren 10/10/2026

	25 M	50 M	
PB		00:35.67	
	00:35.67		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:16, starttime: 10:40

Heat: 16/20 Lane : 2 Athlete: FERNANDEZ PEDRERA TARIK LAILA — **Q-time: 00:34:65**

PB (25m pool): 00:34.65 LEUVEN 23/11/2025 **PB (50m pool):** 00:35.74 **SB:** 00:34.99 LEUVEN 15/11/2026

	25 M	50 M	
PB		00:34.65	
	00:34.65		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:18, starttime: 10:40

Heat: 18/20 Lane : 4 Athlete: VAN BOXSTAEL NORA — **Q-time: 00:33:28**

PB (25m pool): 00:33.28 Hannuit 28/03/2026 **PB (50m pool):** 00:33.81 **SB:** 00:33.49 Leuven 04/10/2026

	25 M	50 M	
PB		00:33.28	
	00:33.28		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: KLSVZ

Event number: 17: 200M BACKSTROKE MEN 13+ **Heat:3, starttime: 10:50**

Heat: 3/9 Lane : 7 Athlete: DECLERQ ARTHUR **Q-time: 02:58:51**

PB (25m pool): 02:58.51 Dilbeek 10/05/2026 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:42.63		01:28.08		no time		02:58.51
		00:42.63		*00:45.45*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: